

Child Poverty - Supporting Families

What We Do

- Barnardos mission is to deliver services and work with families, communities, and our partners to transform the lives of vulnerable children who are affected by **Adverse Childhood Experiences.**

Barnardos Beliefs

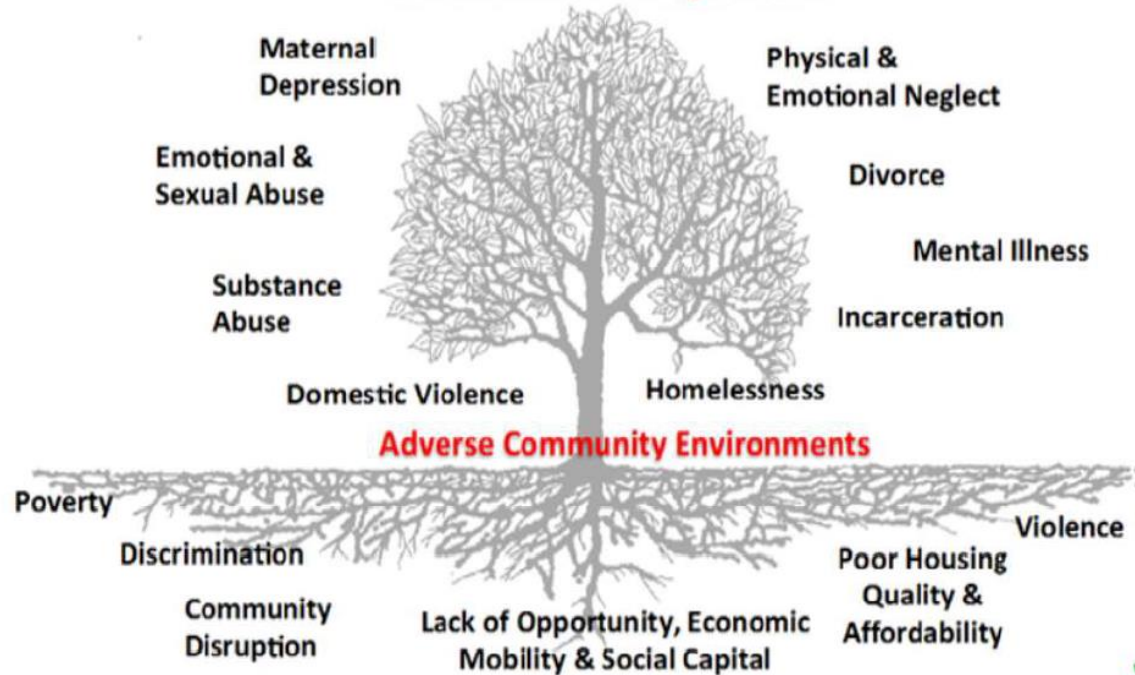
- Every child needs to be safe, have enough food and somewhere comfortable to call home
- Every child needs to have someone who looks after them and loves them no matter what
- Every child should have the opportunity to learn and have fun
- Every child needs to feel accepted for who they are and to be part of a circle of family, friends and community who will understand them and value their opinions
- Every child should get help when they need it

Barnardos Approach

- We understand how **trauma and Adverse Childhood Experiences** impact on children and on a parents capacity to parent.
- We believe that Childhood poverty is both an **outcome and a causal factor** in Adverse Childhood Experiences

The Pair of ACEs

Adverse Childhood Experiences



Impacts we see in Parents

- Intergenerational cycle of deprivation and poverty. Parents who have ACE's may not as children have experienced positive parenting or may not have been kept safe.
- Parenting needs
- Poor Mental Health
- Addiction
- Domestic Violence
- Poor coping skills

Impacts we see in Children

- Hungry/ malnourished
- Neglected and Abused
- Developmental delay
- Impacts on Emotional, Physical and Psychological Wellbeing
- Poor School attendance/ negative learning outcomes
- Poor social skills
- Struggle to form healthy relationships in later life

Making a difference to Child Poverty

Two Examples

- Barnardos Better Finglas ABC
- Barnardos response to supporting families during Covid

Barnardos Better Finglas – Six Strands

- 1. Pregnancy and New parents
 - Baby Stay and Play
 - Baby Massage
 - Circle Security
 - Post Natal Depression Group in collaboration with AWARE, Tusla, The Rotunda and PHN

2. Parenting Programmes

- Triple P Training
- Preparing for Life home visiting programme
- Parenting Drop in and information service
- Parenting champion/ mentor

3. Literacy

- WOW in 12 DEIS Schools

4. Early Years Development in Finglas

- Supporting Early Years services in Finglas
- Transition programme for all children going from EY's services to Primary School in Finglas

5 Interagency Work

6 Social and Emotional Wellbeing.

- Trauma informed learning network – collaborative network to improve the practice of practitioners in the community
- Wellbeing Mentor

*Evaluation of Barnardos Better Finglas Programme 2019
Available on www.Barnardos.ie*

Barnardos Covid Response to Supporting Families

- Covid placed an extra layer of stress on families. Our response considered this in conjunction with ACE's
- Holistic response
- Targeting basic needs and building coping strategies.

Practical

- Food, Fuel, Home Schooling resources.
- Early Years – Hot Meals delivered to families.

Coping

- Phone calls – Some times daily
- New routines
- Door stop visits to keep sight on children and to stay connected.
- Zoom Sessions
- Opened waiting list to check on families
- Returned to face to face centre based work and Home visits as soon as Health and Safety protocols were in place.

Thank You